

Washington Manual For Internship Survival Guide

This handbook is a practical guide to inpatient and outpatient rheumatology consultations. It focuses on how to approach rheumatological problems, how to perform a musculoskeletal examination and arthrocentesis, and which medications are appropriate, including dosage and recommended monitoring. Content includes overviews of the major rheumatic diseases and sections on crystalline arthritis, seronegative spondyloarthropathies, vasculitis, infectious causes of arthritis, and miscellaneous rheumatology consultations.

This 4th edition of The Washington Manual Internship Survival Guide contains all the essential information needed for a successful internship. Designed to help residents improve their skills from their very first day on the wards, this pocket-size reference book offers practical medical advice for the top 10 workups and common calls and complaints residents will encounter during their rotations, including key history, what not to miss, and when to call for help.

This electronic survival guide provides all the information that is essential for a surgical internship, including daily routine, rounds, chart reviews, preoperative and postoperative care, operating room conduct, radiology, critical care, and interaction with families, colleagues, and allied health professionals. Easy-to-navigate screens present evaluation, diagnostic testing, and treatment guidelines for common problems in general surgery, neurosurgery, orthopaedic surgery, urology, and plastic surgery. Coverage also includes crashing patients, tubes and drains, bleeding, codes, and nutrition. Also Available for iPhone/iPod touch

Vols. 15-21, no. 4 (1966-Apr. 1972) include The Doctor and the law, which retained separate volume numbering.

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This survival guide provides all the information that is essential for a surgical internship, including daily routine, rounds, chart reviews, preoperative and postoperative care, operating room conduct, radiology, critical care, and interaction with families, colleagues, and allied health professionals. Comprehensive sections on common problems in general surgery, neurosurgery, orthopaedic surgery, urology, and plastic surgery present evaluation, diagnostic testing, and treatment in an easy-to-follow format. Other chapters cover crashing patients, tubes and drains, bleeding, codes, and nutrition.

The Washington Manual® Outpatient Medicine Survival Guide covers the most common diseases and situations encountered in an outpatient clinic and includes sections on key history and physical examination findings, red flags to look for, and advice on what to tell the patient.

Written by Washington University residents, fellows, and endocrine faculty, this handbook is ideal for students, housestaff, and fellows involved in inpatient and outpatient endocrinology consults. It presents practical approaches to endocrine disorders commonly seen in consultation, with emphasis on key components of evaluation and treatment. This Second Edition has been thoroughly updated with the latest information on pathophysiology, treatment, and drug dosing. New chapters cover obesity, vitamin D deficiency, autoimmune polyendocrine syndromes, and endocrine disorders in HIV/AIDS. Key points are bulleted for easy reference and clinical pearls are highlighted in bold-faced type. The Washington Manual® is a registered mark belonging to Washington University in St. Louis to which international legal protection applies. The mark is used in this publication by LWW under license from Washington University.

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Prepared by residents and fellows, this consult manual covers the full spectrum of infectious disease problems. It offers clinicians valuable assistance in determining what infections the patient is at risk for, where and how (s)he acquired the infection, how to evaluate and manage the patient, and what complications to expect. Chapters on infections of each organ system begin with an approach to that organ system. Other topics covered include bioterrorism, sexually transmitted diseases, brucellosis, systemic mycoses, immunizations, and antimicrobials.

This small pocket book contains all the essentials that every resident needs to know from day one on the wards. It presents practical, must-have information from the front lines of the wards in an easy-to-use quick reference format.

Prepared by residents and chief residents with senior faculty advisors at the Washington University School of Medicine, this handbook is an updated, easily accessible quick reference for handling everyday problems encountered in gastroenterology. It covers both inpatient and outpatient approaches with the same front-lines practicality as the world-famous Washington Manual® of Medical Therapeutics. The first section covers common symptoms, signs, and laboratory abnormalities; the second section focuses on specific diseases. Chapters are structured to help the clinician develop a logical, systematic approach to these common problems. Key points about the diagnosis and management of disorders are bulleted for easy reference. This edition also includes illustrations. The Washington Manual® is a registered mark belonging to Washington University in St. Louis to which international legal protection applies. The mark is used in this publication by LWW under license from Washington University.

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Prepared by residents, fellows, and attending physicians, this handbook is a practical guide to the general internal medicine consult. The content is based on the top 25 most common general internal medicine consults as seen by the hospitalist. The focus is on management issues, with additional material on the perioperative care of the patient with a medical condition. Clinical evidence is presented along with the official guidelines advocated by major medical organizations. This Second Edition is completely revised and updated. Illustrations have been added, and key points about diagnosis and management have been bulleted for easy reference. The Washington Manual® is a registered mark belonging to Washington University in St. Louis to which international legal protection applies. The mark is used in this publication by LWW under license from Washington University.

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The Washington Manual® Otolaryngology Survival Guide includes an overview of the residency, a breakdown of common floor calls, consults, and emergency room calls, a typical daily routine, examination of the head and neck, and chapters on otology, rhinosinusitis, surgical treatment of thyroid and parathyroid disease, antimicrobial therapy, and pediatric otolaryngology.

The Washington Manual® Obstetrics and Gynecology Survival Guide provides all the essential obstetrics and gynecology information that every intern needs on the wards. The Obstetrics section is subdivided into antepartum, medical complications of pregnancy, intrapartum, postpartum, and ultrasound and genetics. The Gynecology section covers general gynecology, gynecologic infectious diseases, contraception, urogynecology, reproductive endocrinology

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and infertility, and gynecologic oncology.

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Written by Washington University house staff and faculty, this pocket guide is a quick reference for the hospital practice of psychiatric medicine in the inpatient psychiatric, consultation, and emergency settings. Each section addresses the most frequently encountered problems in these clinical settings and offers practical suggestions on how to obtain information, generate reasonable differential diagnoses, discriminate among diagnoses, and document clinical decisions. The book includes "Style Pointer" sections on patient interview skills and ED Rounds that outline clinical reasoning algorithms in the emergency setting. Class Notes sections explain how to concisely and thoroughly document patient encounters, emphasizing difficult medical-legal situations. The Washington Manual® Psychiatry Survival Guide is also available electronically for handheld computers. See PDA listing for details. The Washington Manual® is a registered mark belonging to Washington University in St. Louis to which international legal protection applies. The mark is used in this publication by LWW under license from Washington University.

"As an intern you will encounter many new challenges. These will range from very simple to most complex. Please remember that you have acquired the tools to address this adversity. And, even when you feel most overwhelmed, you are undoubtedly surrounded by a wealth of available resources that include ancillary and nursing staff,

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fellow interns, senior residents and attending physicians. Although the year ahead of you may now seem long and daunting, your tasks (other than survival) are quite achievable. The following competencies/milestones were copied from the curriculum for the in-patient general medicine rotation for the internship program at Washington University School of Medicine and Barnes-Jewish Hospital. You can see that not only are the objectives quite simple, but your rigorous work in medical school has well prepared you to master many of your goals. Throughout the year, use these objectives as a checklist to remind yourself of your accomplishments and to guide your learning in potential areas of weakness.

- Patient care:
 - o Gather accurate information about patients, including performing a thorough history and physical examination.
 - o Synthesize data into a prioritized problem list and differential diagnosis, and then formulate diagnostic and therapeutic plans.
 - o Prioritize each day's work.
 - o Know the indications, contraindications, and risks of some invasive procedures and competently perform some invasive procedures"--Provided by publisher.

A comprehensive guide to choosing, buying and using a PDA in the clinical health-care setting.

Prepared by residents, fellows, and attending physicians at the Washington University School of Medicine, this handbook is a practical quick-reference guide to the diagnosis and treatment of cardiovascular diseases. It covers both inpatient and outpatient management approaches with the same front-lines practicality as the world-famous

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handbook is ideal for residents called on to do an inpatient consult, for students working on an inpatient medicine service, and for specialists seeking information on nephrology and general internal medicine management. The book covers inpatient and outpatient approaches, symptoms and diseases, and acute and chronic problems with the same front-lines practicality as the world-famous Washington Manual® of Medical Therapeutics. Sections cover general approaches to kidney disease; electrolytes and acid-base disorders; acute kidney injury and continuous renal replacement; causes of kidney disease; pregnancy and nephrolithiasis; and chronic kidney disease. Appendices list dosing adjustments for antimicrobials and antiretrovirals for patients with renal impairment. Key points about the diagnosis and management of disorders are bulleted for easy reference. This edition also includes illustrations. The Washington Manual® is a registered mark belonging to Washington University in St. Louis to which international legal protection applies. The mark is used in this publication by LWW under license from Washington University. This new edition is fully updated to address and include: significant changes in hospital environments, including managed care delivery methodologies, how Medicare and Medicaid work, and the role of nurse practitioners, physician assistants, and other ancillary hospital personnel patient screening

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recommendations from agencies such as the U.S. Preventive Services Task Force and the American Cancer Society convenient lists of common drug reactions and commonly used alternative and complementary medicine treatment modalities expanded, commonly used medical abbreviations and acronyms. Students benefit from a convenient handbook that offers a crucial link between basic sciences years and the hospital experience, and are aided in achieving mastery of proper physical diagnosis and medical work-up for accurate diagnosis. Includes concise disease pathophysiology reviews.

"This manual is written assuming knowledge of pathophysiology and data interpretation. The target audience is primarily those beginning their internship, but this guide may be useful for medical students, residents, and anyone else on the front lines of patient care"--

This handbook is a practical guide for medical students, residents, and fellows treating older adults. It was prepared by residents and fellows in internal medicine, geriatrics, cardiology, ophthalmology, rheumatology, and urology, with faculty advisors from the Division of Nutrition and Aging. The authors provide a framework for approaching the important issues that arise in geriatrics and focus on key aspects of the evaluation and treatment of common geriatric disorders and consultations. Tables and appendices provide rapid point-of-care access to

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information such as cognitive and functional assessment tests and important drug interactions.

Prepared by residents and fellows with senior faculty advisors, this quick-reference manual outlines current concepts and practice guidelines in the rapidly evolving fields of allergy, asthma, and immunology. Symptom-oriented and disease-oriented sections cover both acute and chronic problems, including drug allergy, anaphylaxis, eosinophilia, immunodeficiency, and latex allergy. Appendices include commonly used allergy and asthma drugs, laboratory values for tests in immunology, and a sample schedule for perennial aqueous immunotherapy.

The Washington Manual® Pediatrics Survival Guide encapsulates the critical knowledge essential for a successful pediatric residency. The book includes chapters on "floor" survival, writing prescriptions, calculating IV fluids and feeds, laboratory reference values, and formulary information. A chapter on adolescent medicine addresses topics such as STDs, eating disorders, and suicide.

Prepared by residents and faculty at the Washington University School of Medicine, this pocket manual contains easy-to-read algorithms for the management of more than 80 medical and surgical problems arising in the intensive care unit. Chapters focus on specific problems and the algorithms

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provide straightforward approaches to the management of these issues. Coverage includes a section on procedures commonly performed in the intensive care unit. Appendices include common equations in the ICU, drug-drug interactions, and common drug dosages and side effects.

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