

# The Porn Myth Exposing The Reality Behind The Fantasy Of Pornography

Traditional Chinese edition of The Collapse of Parenting by Leonard Sax.

Detailed summary in vernacular field only.

Revised edition of the author's The psychology of human sexuality, 2014.

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The media today is filled with powerful men in trouble for their sexual behaviors, and invariably, they are diagnosed as sexual addicts. Since Adam first hid his nakedness from God and pointed the finger at Eve, men have struggled to take responsibility for their sexuality. Over the past three decades, these behaviors have come to reflect not a moral failing, but instead, evidence of an ill-defined disease, that of “sexual addiction.” The concept of sexual addiction is a controversial one because it is based on questionable research and subjective moral judgments. Labeling these behaviors as sex addiction asserts a false, dangerous myth that undermines personal responsibility. Not only does this epidemic of sex addiction excuses mislabel male

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sexuality as dangerous and unhealthy, but it destroys our ability to hold people accountable for their behaviors. By labeling males as weak and powerless before the onslaught and churning tide of lust, we take away those things that men should live up to: personal responsibility; integrity; self-control; independence; accountability; self-motivation; honor; respect for self and others. In *The Myth of Sex Addiction*, Ley presents the history and questionable science underlying this alleged disorder, exposing the moral and cultural judgments that are embedded in the concept, as well as the significant economic factors that drive the label of sex addiction in clinical practice and the popular media. Ley outlines how this label represents a social attack on many forms of sexuality—male sexuality in particular—as well as presenting the difficulty this label creates in holding people responsible for their sexual behaviors. Going against current assumptions and trends, Ley debunks the idea that sex addiction is real, or at least that it is as widespread as it appears to be. Instead, he suggests that the high-sex behaviors of some men is something that has been tacitly condoned for countless years and is only now labeled as a disorder as men are being held accountable to the same rules that have been applied to women. He suggests we should expect men to take responsibility for sexual choices, rather than supporting an approach that labels male sexual

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desire as a "demonic force" that must be resisted, feared, treated, and exorcised.

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From early adolescence, I had committed myself to joining the seemingly growing legions of women pumping their fists with a can-do spirit and a perfect balance of career and family. I fancied myself a textbook candidate for the League of Female Marvels until the narcolepsy and nausea set in, and I chickened out. Sacrificing a few rungs on the corporate ladder to stay home and be a Full-Time Mom (FTM) surely would prove a noble, not to mention more orderly, move. And think of all the discretionary time and energy! Cue laughter. Except within those rare close-knit and blackmail-toting friendships, the more maddening (yet equally funny) stories of motherhood are seldom shared-until now. From sex to sippy cups, the stories contained herein are told with candor, albeit through the eyes of a woman with a slight flair for the dramatic. Still, you may find them to serve as a mirror, a memoir, or a medicine to your own life-or that of any mom with whom you've ever lived. Occasionally sweet, always straight, The Myth of The Bonbons will strike a nerve with many women-and the men who find a well-timed placement of it on their nightstands.

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Alarming numbers of men, women, and teens struggle with frequent or habitual pornography use today. Among them are many faithful Catholics desperate for hope and

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healing. In Integrity Restored: Helping Catholic Families Win the Battle Against Pornography, clinical therapist Dr. Peter Kleponis equips readers to embark on a path of recovery. Drawing heavily from Catholic teaching on human sexuality, Kleponis provides resources and insight for parents, educators, pastors, and all struggling to overcome an addiction to pornography. In this newly updated edition, Kleponis looks at new technologies, apps, and services that pose the biggest threat to Catholics today.

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topics, from the existence of God to the existence of hell, from women's ordination to Marian devotion, from assisted suicide to transgenderism. In *Cross-Examined*, Fr. Carter Griffin begins each discussion not with Catholic teaching but rather with its most common objections. Articulating these objections serves several purposes. First, it helps Catholics to respect those who do not share their beliefs by identifying intelligent grounds for disagreement. Pointing out objections also helps believers respond more persuasively in discussions with non-Catholic friends. Perhaps most importantly, knowing the common objects instills confidence that the Church is committed to the truth and unafraid to engage with those who dispute her teaching. After identifying principal objections, each discussion continues with a brief summary of relevant Catholic teaching and then responds to each objection in turn. In our shrill age that seems ever less capable of rational discourse, the method used in *Cross-Examined* can offer a way to remain faithful to our beliefs while acknowledging, respecting, and responding to alternative points of view.

*The Contraception Deception: Catholic Teaching on Birth Control* by author Patrick Coffin is a comprehensive assessment of the Church's sexual ethic. In this expanded revised edition of *Sex Au Naturel: What It is and Why It's Good for Your Marriage*, Coffin demonstrates how the rejection of *Humanae Vitae* impacts more than just our national birthrates. With relevant insight into the development and reception of Paul VI's landmark 1968 encyclical, Coffin explains why *Humanae Vitae* is more timely than ever. In *The Contraception Deception*, you'll learn where exactly the Bible teaches against birth control, the differences between contraception and natural family planning (hint: they're more profound than you think), why other reproductive technologies fall short of God's vision for marriage and family, and—most

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importantly—how to rely on the ever-present grace of God rather than your own strength in faithfully following this challenging, life-giving aspect of Christian discipleship. An intimate investigation of the world's largest experiment in social engineering, revealing how its effects will shape China for decades to come, and what that means for the rest of the world

In an era in which the internet has made pornography readily accessible, *Seeing with the Eyes of the Heart* offers a theological critique of pornography and retrieves from the Christian tradition an alternative visual culture. This visual culture is constituted by both the character of the images we behold and the manner in which we see. Contributors include psychologists William M. Struthers and Jill Manning, who address the neurological effects of pornography and its influences on personal, familial, and social life. Their professional analysis is complemented by the testimony of a young man in recovery from pornography addiction. In an exposition of Christian visual culture, Orthodox iconographer Randi Sider-Rose describes the spiritual discipline of icon writing, Danielle M. Peters, S.T.D., surveys the iconography and art of Marian traditions, and art historian Dianne Phillips elucidates the meaning of divine desire as evident in Catholic visual culture of the late medieval and early modern periods. Catholic theologians Ann W. Astell, Nathaniel Peters, Boyd Taylor Coolman, and Nicolas Ogle discuss specific practices and dimensions of the Catholic tradition that can contribute to the cultivation of sacramental vision, and David W. Fagerberg, Kimberly Hope Belcher, Jennifer Newsome Martin, and John C. Cavadini offer reflections on sacramental imagination and the healing of vision. *Seeing with the Eyes of the Heart* is a work of scholarship composed with pastoral care and concern, and it will be serviceable to both classroom teachers and pastoral ministers. A special feature of the book

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is an inset of seventy-two full-color plates featuring both classic and contemporary works of Christian iconography and art. The essays and images invite readers to behold in beauty the truth that we are created by the triune God not for sexual objectification but with a sacramental vocation to deification through Christ and the Holy Spirit of love.

The Porn Myth is a non-religious response to the commonly held belief that pornography is a harmless or even beneficial pastime. Author Matt Fradd draws on the experience of porn performers and users, and the expertise of neurologists, sociologists, and psychologists to demonstrate that pornography is destructive to individuals, relationships, and society. He provides insightful arguments, supported by the latest scientific research, to discredit the fanciful claims used to defend and promote pornography. This book explains the neurological reasons porn is addictive, helps individuals learn how to be free of porn, and offers real help to the parents and the spouses of porn users. Because recent research on pornography's harmful effects on the brain validates the experiences of countless porn users, there is a growing wave of passionate individuals trying to change the pro-porn cultural norm-by inspiring others to pursue real love and to avoid its hollow counterfeit. Matt Fradd and this book are part of that movement, which is aiding the many men and women who are seeking a love untainted by warped perceptions of intimacy and rejecting the influence of porn in their lives. This book examines the modern pandemic of online child sexual exploitation (OCSE). It explores the prevalence, perpetration, impact, and victimization of as well as therapy for child sexual exploitation and its interaction with child sexual abuse. Chapters discuss OCSE from neuropsychological, epidemiological, neurological, behavioral, psychological, clinical and neurobiological perspectives. The volume also addresses the physical and mental impact of

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early exposure to pornography and inappropriate content. The book serves as a resource on an issue that is proving exponentially complex as technology ceaselessly evolves at a faster rate than its consequences can be understood and addressed. Key areas of coverage include:

Neuropsychological changes and dysfunctional coping mechanisms resulting from both online and offline child sexual abuse. The psychological, emotional, and physical impacts (e.g., depression, anxiety, PTSD, and self-harm) of child sexual abuse. Prevention and early intervention strategies, including scalable technological responses. Developing a public health approach to preventing and addressing online child abuse and exploitation. Porn culture and its impact on children, adolescents, and emerging adults. The neurobiology and epigenetic impact of trauma. Online Child Sexual Exploitation is a must-have resource for researchers, clinicians, and graduate students in child and school psychology, public health, social work, neuropsychology, neurobiology, sociology, anthropology, and educational policy and politics as well as all as interrelated disciplines. .

Having clear boundaries is essential to a healthy, balanced lifestyle. A boundary is a personal property line that marks those things for which we are responsible. In other words, boundaries define who we are and who we are not.

Boundaries impact all areas of our lives: Physical boundaries help us determine who may touch us and under what circumstances -- Mental boundaries give us the freedom to have our own thoughts and opinions -- Emotional boundaries help us to deal with our own emotions and disengage from the harmful, manipulative emotions of others -- Spiritual boundaries help us to distinguish God's will from our own and give us renewed awe for our Creator -- Often, Christians focus so much on being loving and unselfish that they forget



