

insisting that not only sex but race, class, gender, age, and geography matter to its past. Each of the fourteen essays in this volume examines the history of heterosexuality from a different angle, seeking to study this topic in a way that recognizes plurality, divergence, and inequity. Editors Rebecca L. Davis and Michele Mitchell have formed a collection that spans four centuries, addressing the many different racial groups, geographies, and subcultures of heterosexuality in North America. The essays range across disciplines with experts from various fields examining heterosexuality from unique perspectives: a historian shows how defining heterosexuality, sex, and desire were integral to the formation of British America and the process of colonization; a legal scholar examines the connections between race, sexual citizenship, and nonmarital motherhood; a gender studies expert analyzes the Clinton-Lewinsky scandal, and explores the intersections of heterosexuality with shame and second-wave feminism. Together, these essays explain how differently earlier Americans understood the varieties of gender and different-sex sexuality, how heterosexuality emerged as a dominant way of describing gender, and how openly many people acknowledged and addressed heterosexuality's fragility. By contesting presumptions of heterosexuality's stability or consistency, *Heterosexual Histories* opens the historical record to interrogations of the raced, classed, and gendered varieties of heterosexuality and considers the implications of heterosexuality's multiplicities and changes. Providing both a sweeping historical survey and concentrated case studies, *Heterosexual Histories* is a crucial addition to the field of sexuality studies.

The 10th-anniversary edition of the book that radical re-evaluates the origins and nature of human sexuality. Since Darwin's day, we've been told that sexual monogamy comes naturally to our species. Mainstream science — as well as religious and cultural institutions — has maintained that men and women evolved in families in which a man's possessions and protection were exchanged for a woman's fertility and fidelity. In this groundbreaking book, however, Christopher Ryan and Cacilda Jethá argue that human beings evolved in egalitarian groups that shared food, child care, and, often, sexual partners. Weaving together evidence from anthropology, archaeology, primatology, anatomy, and psychosexuality, the authors show how far from human nature monogamy really is. With intelligence and humour, Ryan and Jethá explain how our promiscuous past haunts our contemporary struggles. They explore why many people find long-term fidelity so difficult; why sexual passion tends to fade even as love deepens; why homosexuality persists in the face of standard evolutionary logic; and what the human body reveals about the prehistoric origins of modern sexuality. Shocking, enlightening, and ultimately inspiring, *Sex at Dawn* offers a revolutionary understanding of why we live and love as we do.

Across the world, the story is the same. Sex scandal. Media frenzy. Another prominent man caught with his pants down. So why do men take such risks for sex? Sex therapist Bettina Arndt's new book is all about why sex matters so much to men. More than 150 men kept diaries for her, talking about what it is like to live with that constant sparking sexual energy—and relentless, uncontrollable, all-consuming. Their painfully honest, confronting, often hilarious stories explain their quest for sexual adventure, their secret delights, the thrill of giving pleasure, why some men turn to pornography and men's delight in the Viagra revolution. With every second man over fifty dealing with erection problems, Bettina offers advice on the wondrous new treatments giving men a new lease of sexual life. Her diarists reveal what it is like to pop little blue pills, or inject their best friend, or face impotence after prostate cancer treatments, or use treatments with a reluctant partner. *What Men Want: In Bed* lifts the lid on men's longings, frustrations, their fears and their intense joy in making love.

There are plenty of books offering advice about how to find or keep love. But what else can be learnt from those who have visited the edges of love and desire, making stops along the way in the spirit world and passing the fascinating territory of mental disorders, God and extraterrestrial activities? Popular sex columnist Liz Langley answers those questions, resulting in a fascinating picture of why it is that people want to be in love.

Why are people getting fatter? Why do so many rock stars end up dead at 27? Is there any hope of curbing population growth, rampant consumerism and the environmental devastation they wreak? Evolutionary biologist Rob Brooks argues that the origins of these twenty-first century problems can be found where the ancient forces of evolution collide with modern culture and economics. In *Sex, Genes and Rock n Roll* Brooks explores a tasting platter of topics, from the frivolous to the tragic falling in love, making music, our obsession with rock n roll, sexual conflict, fertility, obesity, consumption, ageing and more illustrating how evolution stands alongside economics, anthropology, psychology and political science in shaping our world.

The collective, inclusive, and intersectional framework used in this book speaks to the significance of understanding aging across diverse cultures from multiple perspectives, but still as a shared human experience. The underlying message of the book is that although we are unique and different in our aging processes, we are ultimately connected through this physical, mental and spiritual experience of aging. Thus, regardless of whether we are service providers, service recipients, educators or merely fellow human beings, it is important that we approach the aging experience through a collective lens for discovering and sharing resources as we age; honoring the past while simultaneously accepting that the future is here. A few select examples of key findings from this collaborative work are as follows. First, despite progress in the field, certain issues remain to be addressed including the challenges of racism and sexism, mistreatment, the digital divide, poverty, and other social and economic crises in urban and rural communities as they relate to our aging population. Second, the need for sustaining a sense of independence among the aged and interdependence among supportive systems is warranted. Third, our elders continue to benefit from culturally competent services community-based health interventions and social services that addresses normative and emerging challenges for them. Fourth, spirituality in both indigenous and contemporary perspectives remains important for our elders' development and quality of life.

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A man and woman are in an open relationship. They have agreed that having sexual partners outside of their relationship is permissible. One night, when her partner is in another city, the woman has sex with the man's best friend. What does this mean for their relationship? More importantly, why is there such a strong cultural taboo against this kind of triangulation and what does it reveal about the social organization of gender and sexuality? In *Beyond Monogamy*, Mimi Schippers asks these and other questions to explore compulsory monogamy as a central feature of sexual normalcy. Schippers argues that compulsory monogamy promotes the monogamous couple as the only legitimate, natural, or desirable relationship form in ways that support and legitimize gender, race, and sexual inequalities. Through an investigation of sexual interactions and relationship forms that include more than two people, from polyamory, to threesomes, to the complexity of the 'down-low,' Schippers explores the queer, feminist, and anti-racist potential of non-dyadic sex and relationships. A serious look at the intersections of society and sexuality, *Beyond Monogamy* takes the reader on a compelling and accessible journey through compulsory monogamy, polyamory, and polyqueer sex and relationships.

different ways. The authors expose the ancient roots of human sexuality while pointing toward a more optimistic future illuminated by our innate capacities for love, cooperation, and generosity. With intelligence, humor, and wonder, Ryan and Jeth  show how our promiscuous past haunts our struggles over monogamy, sexual orientation, and family dynamics. They explore why long-term fidelity can be so difficult for so many; why sexual passion tends to fade even as love deepens; why many middle-aged men risk everything for transient affairs with younger women; why homosexuality persists in the face of standard evolutionary logic; and what the human body reveals about the prehistoric origins of modern sexuality. In the tradition of the best historical and scientific writing, *Sex at Dawn* unapologetically upends unwarranted assumptions and unfounded conclusions while offering a revolutionary understanding of why we live and love as we do.

Sex at Dawn: How We Mate, Why We Stray, and What It Means for Modern Relationships (2010) details how the courtship habits of humanity’s closest primate relatives, the lives of early humans, and the sexual rituals of nomadic tribes all shed light on the true urges underlying human sexuality. Many anthropologists assert that monogamy comes naturally to humans; to support their thesis, they point toward relationship customs that have existed in various civilizations for centuries... Purchase this in-depth summary to learn more.

Peek inside the mind of Dexter Morgan—police forensic analyst, family man, serial killer, and the star of Showtime’s most-watched series—with essays from seventeen psychologists and avid fans. Aimed at Dexter devotees and armchair psychologists, *The Psychology of Dexter* takes on the psychological complexities of the popular series with an eye towards insight and accessibility. It analyzes not just the title character, but his family, coworkers, and even his viewers. What makes Dexter tick? What makes a show about a serial killer so appealing to those of us at home. And do we need to be worried about our own Dark Passengers? From the implications of faking normalcy (could it be behind Dexter’s still-in-progress emotional growth?) to where the show weighs in on the psychological debate between nature and nurture, this book gives fans a peek inside Dexter’s psyche. Think you know Dexter? *The Psychology of Dexter* will make you think again.

Sex at Dawn how we mate, why we stray, and what it means for modern sexuality Scribe Publications

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Offering an anthology of original articles on sexuality from a sociological perspective, *Selves, Symbols, and Sexualities: An Interactionist Anthology* focuses on the diverse and multi-layered meanings of sexuality, sexual behaviors and sexual identities. Thomas S. Weinberg and Staci Newmahr bring you essays that explore sexuality as a social process. As a whole, the book takes the perspective that what each of us understands to be sexual is constructed through everyday social processes and interaction, situated in particular spaces and moments, identified through our social-sexual presentations, and symbolized through language, objects and practices. The book is organized around these four distinct but interrelated processes, and augmented by personal narratives around relevant issues. The authors’ goals for the book are to engage students in the sociological enterprise by providing interesting and insightful entries that emphasize the importance of meaning-making in human sexuality, and to provide them with conceptual tools to understand human sexuality in a complex and quickly changing sexual landscape.

“[A] deliciously written account of the evolution of sex, in all of its bizarre manifestations” by a noted paleontologist—“Read, blush, and enjoy!” (Jared Diamond, author of *Guns, Germs, and Steel*). We all know about the birds and the bees, but what about the ancient placoderm fishes and the dinosaurs? In 2008, paleontologist John A. Long and a team of researchers announced their discovery of a 380-million-year-old placoderm fish fossil, known as “the mother fish,” which revealed the earliest known example of internal fertilization. As a result, placoderms are now considered to be the first species to have had intimate sexual reproduction, or sex as we know it—sort of. Inspired by this incredible find, Long began a quest to uncover the evolutionary history of copulation and insemination. In *The Dawn of the Deed*, he takes readers on a lively tour through the sex lives of ancient fish and the unusual mating habits of arthropods, tortoises, and even a well-endowed Argentine Duck. Long discusses these discoveries alongside what we know about reproductive biology and evolutionary theory, using the fossil record to provide a provocative account of prehistoric sex. *The Dawn of the Deed* also explores fascinating revelations about animal reproduction, from homosexual penguins to monogamous seahorses to the difficulties of dinosaur romance.

From tribal religious rituals to the Playboy mansion, and from ancient Rome to Burning Man, *Plays Well in Groups* explores the phenomenon of group sex. Author Katherine Frank draws on surveys, ethnographic research, participant interviews, and more to provide explanations for both, participation in group sex and our complex reactions to it, from fascination to fear. This book looks at group sex across cultures—who has it, and why. Group sex is almost always taboo and often criminalized, and yet it persists across cultures throughout history. *Plays Well in Groups* looks at the symbolism of orgies, as well as contemporary manifestations of group sex in bathhouses and public sex venues, at BDSM and swinging parties, on Craigslist, and in political scandals, Tantra classes, reality television, and more. Frank explores the many reasons people participate in group sex, from arousal to spiritual transcendence, in this bold study of subversive sexuality.

A paleontologist plunges into the fossil record in order to provide a provocative account of prehistoric sex.

This book challenges the hegemonic view that economic calculation represents the ultimate rationality. The West legitimises its global dominance by the claim to be a rational, democratic, science-based and progressive civilisation. Yet, over the past decades, the dogma of economic rationality has become an ideological black hole whose gravitational pull allows no public debate or policy to escape. Political leaders of all creeds are held in its orbit and public language is saturated by it. This dogma has pervaded all spheres of life, ushering the age of post-rationality, especially in English speaking countries. The

authors discuss several aspects of post-rational global capitalism still dominated by the Anglosphere: hyper-competition, hyper-consumption, inequality, volatile global financial markets, environmental degradation and the unforeseen effects of the internet-mediated communication revolution. The book concludes by discussing some utopian and dystopian future scenarios and asking whether the West can transcend its crisis of rationality.

“Sex at Dawn challenges conventional wisdom about sex in a big way. By examining the prehistoric origins of human sexual behavior the authors are able to expose the fallacies and weaknesses of standard theories proposed by most experts. This is a provocative, entertaining, and pioneering book. I learned a lot from it and recommend it highly.” — Andrew Weil, M.D. “Sex at Dawn irrefutably shows that what is obvious—that human beings, both male and female, are lustful—is true, and has always been so.... The more dubious its evidentiary basis and lack of connection with current reality, the more ardently the scientific inevitability of monogamy is maintained—even as it falls away around us.” — Stanton Peele, Ph.D. A controversial, idea-driven book that challenges everything you (think you) know about sex, monogamy, marriage, and family. In the words of Steve Taylor (The Fall, Waking From Sleep), Sex at Dawn is “a wonderfully provocative and well-written book which completely re-evaluates human sexual behavior and gets to the root of many of our social and psychological ills.”

Appropriate for both sex therapists and art therapists, When Art Therapy Meets Sex Therapy explores sexuality and gender through the use of art making, connecting relevant theories and research from both fields. It begins with a historical review of how explorations of anatomy, physiology, and sexual identity manifested in art making in different cultures and discusses why a clinician must take these spiritual, medical, and socioeconomic factors in account to offer effective and culturally competent therapy. The second part of the book discusses clinically effective treatments in art and sex therapy, and contains numerous case illustrations. Included are interventions for important issues in therapy, such as exploring gender identity, sexual health and shame, processing sexual abuse, couples' intimacy, parenting concerns regarding their children's sexuality, and treating sex addiction.

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