Finish Give Yourself The Gift Of Done

Traditional Chinese edition of To Sell is Human: The Surprising Truth about Moving Others by Daniel Pink, a bestselling book for its evidence based explanations of why we are all in sales now - whether professionally or personally. Pink is the author of the long running New York Times bestsellers "Drive" and "A Whole New Mind. In Traditional Chinese. Annotation copyright Tsai Fong Books, Inc. Distributed by Tsai Fong Books, Inc. In this novel based on the story of Cinderella, Ella struggles against the childhood curse that forces her to obey any order given to her.

Think minimalism means a perfectly curated, always tidy home? Think again. Drowning in tides of toys, overflowing closets, and a crazy schedule, Rachelle Crawford assumed you had to be naturally organized to keep a tidy living space. Then she found minimalism: the messy, real-life kind, that is less about perfection and more about purpose. Thus began a journey toward decluttering her home, calendar, and soul. With empathy, grace, and humor, Crawford--who curates the popular Abundant Life with Less site--shares doable

ways to own less and live more fully. Laying out practical strategies for reducing waste, curbing consumption, decluttering, and finding lots more joy, Crawford offers no-nonsense solutions for the rest of us. Learn to become a more conscious consumer, create a capsule wardrobe, inspire family members to join you, free up more time for the things that matter, and create a tidy(ish) home. The messy minimalist way is a nojudgment zone, one in which we learn sustainable habits and grace-based practices. It's about living lightly on the earth and making room for purpose. Becoming a messy minimalist is not about turning into someone else; it's about clearing away clutter and expectations to unearth who you really are. It's about carrying fewer things so that we find ourselves holding onto what truly matters. Find the time, clarity, and mental space to achieve your goals The Free-Time Formula helps you slow down time and get the important things done. We're all overworked, stressed, and always being asked to do more, and do it better; the days aren't getting any longer, so something has to give—don't let it be your sanity. This book provides a real-world framework for more effective time management that helps you prioritize, focus, clarify, and go. You'll begin with a time audit to assess your current stress, strategies, and output—and the results may shock you. From there, you'll work step-by-step toward a new daily routine that will help you become the focused, efficient achiever you've been trying to be for so long. It's not about cramming more into your precious 24 hours, it's about figuring out what really matters to you, and getting the most important things done first. Every day.

Never miss another big deadline, never flake on an important meeting, never be late to an appointment again. It is possible with great planning, and this book is your personal guide. Focused on action, not filler, this book is an excellent resource for those who want to achieve more, but do less. With a few simple changes, you'll find the time you've been missing and put it to more productive use. Define and prioritize your personal and professional goals and responsibilities Cut the distractions and clarify your daily objectives Adapt your workplace tools and environment to facilitate actual work Periodically self-assess, course-correct when needed, and plan for the future Rather than rush through another day leaving things un-done and roses un-sniffed, take a beat and a breath, and take back your day with The Free-Time Formula.

* Our summary is short, simple and pragmatic. It allows you to have the essential ideas of a big book in less than 30 minutes. By reading this summary, you will learn how to reach all your goals with techniques and tips that will increase your efficiency tenfold. You will also learn: why you can't get to the bottom of things; how to be more motivated; that working hard is not an obligation; how to have fun when you give up a project; how to follow your progress collegially. 92% of New Year's resolutions are never kept. Every year, millions of people start a new activity, decide to lose weight, play sports, write a book or prepare for graduation. Only a minority of them succeed because no one really learns how to follow through. Often you will read that the great secret to performing miracles is to overcome your fear and get on with it. This is not true. Starting is important, but finishing is even more important! Motivation and discipline are not the most

We all want to live a life that matters. We all want to reach our full potential. But too often we find ourselves overwhelmed by the day-to-day. Our big goals get pushed to the back burner--and then, more often than not, they get forgotten. New York Times bestselling author Michael Hyatt wants readers to know that it doesn't have to be this way. In fact, he thinks that this is the year readers can finally close the gap between reality and their dreams. In Your Best Year Ever, Hyatt shares a powerful, proven, research-driven system for setting and achieving goals. Readers learn how to design their best year ever in just five hours - three simple ways to triple the likelihood of achieving their goals - how to quit-proof their goals - what to do when they feel stuck - and much more Anyone who is tired of not seeing progress in their personal, intellectual, business, relationship, or financial goals will treasure the field-tested wisdom found in these pages. #1 Wall Street Journal bestseller! Jon Acuff, New York Times best-selling author of Do Over, Quitter, and Start, offers strategies for anyone who's ever wondered, "Why can't I finish what I started?" According to studies, 92 percent of New Year's resolutions fail. You've practically got a better shot at getting into Juilliard to become a ballerina than you do at finishing your goals. For years, I thought my problem was that I didn't try hard enough. So I started getting up earlier. I drank enough energy drinks to kill a horse. I hired a life coach and ate more superfoods. Nothing worked, although I did develop a pretty nice eyelid tremor from all the caffeine. It was like my eye was waving at you, very, very quickly. Then, $\frac{Page}{4/23}$

while leading a thirty-day online course to help people work on their goals, I learned something surprising: The most effective exercises were not those that pushed people to work harder. The ones that got people to the finish line did just the opposite—they took the pressure off. Why? Because the sneakiest obstacle to meeting your goals is not laziness, but perfectionism. We're our own worst critics, and if it looks like we're not going to do something right, we prefer not to do it at all. That's why we're most likely to guit on day two, "the day after perfect"—when our results almost always underperform our aspirations. The strategies in this book are counterintuitive and might feel like cheating. But they're based on studies conducted by a university researcher with hundreds of participants. You might not guess that having more fun, eliminating your secret rules, and choosing something to bomb intentionally works. But the data says otherwise. People who have fun are 43 percent more successful! Imagine if your diet, guitar playing, or small business was 43 percent more successful just by following a few simple principles. If you're tired of being a chronic starter and want to become a consistent finisher, you have two options: You can continue to beat yourself up and try harder. since this time that will work. Or you can give yourself the gift of done.

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??????????????????????????????\$&P500???????? PLEASE NOTE: This is a summary, analysis and review of the book and not the original book. Acuff takes the view of a casual observer, weaving into his narrative brief experiences from his life and the lives of other people to drive home his points about the evils of perfectionism in his book, "Finish." This SUMOREADS Analysis offers supplementary material to "Finish: Give Yourself the Gift of Done" to help you distill the key takeaways, review the book's content, and further understand the writing style and overall themes from an editorial perspective. Whether you'd like to deepen your understanding, refresh your memory, or simply decide whether or not this book is for you, SUMOREADS Analysis is here to help. Absorb everything you need to know in under 20 minutes! What does this SUMOREADS Analysis Include? An executive summary of the original book Editorial Review Key takeaways & analysis A short bio of the the authors Original Book Summary Overview Jon Acuff's "Finish: Give Yourself the Gift of Done" explains why perfectionism is the number one enemy in getting any goal or project done and offers

practical ideas for getting around this sneaky obstacle. Acuff contends that by countering perfectionism with simple, counterintuitive measures-such as cutting goals in half, simplifying the process, and using data to track progressanyone can make the transition from a chronic starter to a consistent finisher. Finish is an easy read packed with insights that can be put to immediate application. Anything struggling to get things at home and at work done will find the practices Acuff recommends invaluable. BEFORE YOU BUY: The purpose of this SUMOREADS Analysis is to help you decide if it's worth the time, money and effort reading the original book (if you haven't already). SUMOREADS has pulled out the essence-but only to help you ascertain the value of the book for yourself. This analysis is meant as a supplement to, and not a replacement for, "Finish." ???????????????? Amazon???????????? ???????1490????? ? ??????????????? ?????? ? ????????GDP??????? ????? ???? ???????? ???????? ??? ????? 1. ????

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Overthinking isn't a personality trait. It's the sneakiest form of fear. It steals time, creativity, and goals. It's the most expensive, least productive thing companies invest in without even knowing it. And it's an epidemic. When New York Times bestselling author Jon Acuff changed his life by transforming his overthinking, he wondered if other people might benefit from what he discovered. He commissioned a research study to ask 10,000 people if they struggle with overthinking too. and 99.5 percent said, "Yes!" The good news is that in Soundtracks, Acuff offers a proven plan to change overthinking from a super problem into a superpower. When we don't control our thoughts, our thoughts control us. If our days are full of broken soundtracks, thoughts are our worst enemy, holding us back from the things we really want. But the solution to overthinking isn't to stop thinking. The solution is running our brains with better soundtracks. Once we learn how to choose our soundtracks, thoughts become our best friend, propelling us toward our goals. If you want to tap into the surprising power of overthinking and give your dreams more time and creativity, learn how to DJ the soundtracks that define you. If you can worry, you can wonder. If you can doubt, you can dominate. If you can spin, you can soar. Traditional Chinese edition of The Happiness Project: Or, Why I Spent a Year Trying to Sing in the Morning, Clean My Closets, Fight Right, Read Aristotle, and Generally Have

Do you ever find yourself stuck in the comparison trap? Speaker and author Richella Parham knows what this feels like, often finding herself admiring one person's achievements, someone else's personality, another's skills, yet another's relationships or appearance. While there are no easy answers, Parham helps readers pick up practices that help us walk in the freedom of Christ with confidence in ourselves.

It's okay to admit that you're not okay. This is true because Jesus died so brokenness does not have to define you. In Broken and Beloved, Sammy Rhodes takes you on a deep dive into the Gospel of John, showing that God meets us in our brokenness and in our desire to be loved. And what we find is that God not only loves us, He calls us His beloved. In Broken and Beloved, you'll discover your need for God and how He walks with you how to break free from shame, loneliness, depression, and pride how to wait on the Lord and trust that, in the joys and pains of life, Jesus is with you—weeping and rejoicing beside you

Amazon's top 10 best-selling business organization category. A high score of 4.8 stars by Amazon readers. The best-selling writers of New York Times and Wall Street Journal. We all have our own mountains to climb. On the way to the summit, we can only rely on our vision. The chief executive of the company personally teaches the principles of leading high-performance teams, learns the blueprint for the future of Airbnb, Instagram, Amazon, and Marvel, outlines a clear and pragmatic vision, and even difficult goals can be gradually achieved! FinishGive Yourself the Gift of DonePenguin ???????? TED Talk??????????????????????60??? LinkedIn?????20????????????? 777777777777777777777777 77777777777777777777777777777777777 1/3??????????????????????? 77777777777777777 ???????????????????????????? ???????????????????????????????

The Simplified Chinese edition of The Giver, a 1993 American young-adult utopian novel by Lois Lowry. A handbook created for practitioners working in health and well-being who want to build a thriving, sustainable practice, their way. Whether they are new or have been in practice for years, many find marketing and running a business overwhelming.

This book simplifies the process and supports

practitioners in making the right choices for themselves. By creating their own recipe for their business based on their values, strengths, and the people they help, they can succeed where others fail. Exercises and action points help them move through the process and address any mindset challenges as they go. ???????????? ????????????????? ???????????4???????????? ????????????????????????????????? ?????????????.....????????????????? ??????????????????????????? 777777777777777777777 777777777777777777777777 7777777777777777777777777777777777777 ???????????????????????? 7777777777777777777 77777777777777777 777777777777777777777777777777777777 ???????????????????????????? 7777777777777777777777777777777777 Page 16/23

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Jon Acuff, sought-after speaker and consultant, is the friend who always gives you great advice. With his self-depricating humor and charm, he has won over hundreds of thousands of followers, who come to him for both encouragement and a kick in the

pants. Now, after showing you how to reboot your career in his New York Times bestseller Do Over, Acuff shows chronic starters how to actually finish their goals in an age of bottomless distractions and endless opportunities. Acuff knows the reason why many writers' novels go unfinished--it's the same reason why gyms are filled in the first week of January, and empty by the end of the month, and why people stop learning a new language once they get past the easy parts. It's not just that people lose momentum or get distracted. People give up on projects when they fail to live up to their own high expectations and decide that if they can't do something perfectly they won't do it at all. If you're going to finish, you have to kill perfectionism. Drawing on his popular 30 Days of Hustle course, Acuff teaches readers to short-circuit perfectionism and make it through to the end of a task. Whether it's by "choosing what to bomb" or "cutting a goal in half," he shows readers how to move past "the day after perfect," get focused, and--finally- finish.

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Marketing Manager's Guide to Successful Brand Marketing "Scott Miller offers tangible insights and practical steps to make sure your product finds the right customer, giving you the ability to make even more." ?Donald Miller, author of Marketing Made Simple, and Building a StoryBrand. In Scott Miller's newest Mess to Success guide, the FranklinCovey senior advisor and Wall Street Journal bestselling author reveals 30 career obstacles that you may encounter in your brand marketing, and how to transform them into company wide gains. Every success story begins with a journey. Featuring thirty chapters with lessons such as "A Name is Not a Lead" and "Hire People Smarter Than You," Marketing Mess to Brand Success shares a career worth of valuable lessons learned. Fast-track your career and success with the mentality of bruising hard, but healing fast. Whether you're starting a new company, you are a brand manager figuring out the best direct marketing strategy or brand positioning for a niche market, or trying to land your first job as a marketing manager, this book is designed to prepare you for many of the inevitable challenges that you will encounter. Avoid marketing messes and square up to successes. Each chapter inside Marketing Mess to Brand Success features real life lessons that teaches you the importance of brand marketing in business development. By being focused and

aligned with the right areas of an organization, you will ensure career relevance and company-wide gains. Learn how to: • Navigate a nebulous digital marketing environment • Maximize time and investments with sales marketing strategies • Build and model consistent brand standards • Become an expert in brand marketing and take your company to the next level If you enjoyed Management Mess to Leadership Success, or brand marketing books like This Is Marketing, Marketing Made Simple, or Building a StoryBrand, then you need to add Marketing Mess to Brand Success to your business bookshelf

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